

What is bacterial vaginosis?

It is a condition caused by an imbalance of the vaginal flora due to an overgrowth of harmful bacteria (pathogen).

What is considered a healthy vaginal flora?

A healthy vaginal flora is composed of a mix of 10 to 20 types of Lactobacilli bacteria that produce lactic acid, which prevents an overgrowth of harmful bacteria.

How does the Probiostat® Vaginal treatment work?

Probiostat® Vaginal works by rapidly restoring the normal flora of the vagina.

Do probiotics represent a new form of treatment for vaginal infections?

Probiotics have been used as adjunctive treatment for vaginal infections in Europe for many years. In Canada, probiotics have been a more recent adjunctive treatment for vaginal infections.

Is Probiostat® Vaginal an adjunctive treatment for bacterial vaginosis only?

No, it is also recommended for prevention of specific and non-specific vaginal infections and for restoring and maintaining the normal vaginal flora. Probiostat® Vaginal can be used alone or in conjunction with other gynaecological treatment, as needed.

How and when should I use Probiostat® Vaginal?

It should not replace treatment of clinically diagnosed vaginal infections such as bacterial vaginosis, *Candida albicans* (yeast infection), and *Trichomonas vaginitis*. It could be used to restore the normal flora at the end of a vaginal treatment or at the same time as an oral antibiotic treatment.^{2,3}

Where to buy

Probiostat® Vaginal is available nationwide at your local pharmacy and natural healthfood stores.

Your pharmacist does not have the product in stock, can be ordered for you.

Available without prescription.

Probiostat® Vaginal requires refrigeration and is therefore kept behind the pharmacy counter.



A new option to help treat
vaginal infections



Sold by:
Berry Technologies Inc.
Calgary, AB T2A 7P3, Canada
Toll Free: 1-888-828-0828
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PROBIOSTAT®
Vaginal
VALEO PHARMA

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The Facts

- ❑ In Canada and the USA 12 million women seek consultation for **vaginal infections every year**.
- ❑ Vaginal infections and/or the use of antibiotics can **disrupt the fragile equilibrium of the vaginal flora** also known as the **Doderlein flora**.
- ❑ Healthy vaginal flora consists of **lactic bacteria** that keep pathogens (harmful bacteria) under control. Maintaining this normal equilibrium is **key to restoring vaginal health**.

Types of vaginal infections

1. Bacterial Vaginosis (50% of vaginal infections).
2. Yeast Vaginitis (40% of vaginal infections).
3. Trichomonas (10% of vaginal infections).

Bacterial vaginosis

Bacterial vaginosis is the most frequent type of vaginal infection. While the specific cause of bacterial vaginosis is not known, there are several risk factors that have been linked to this infection and disrupt the vaginal flora.

Contributing Factors

- ❑ **Antibiotic treatments**
- ❑ **Oral contraceptives and Intra-uterine devices**
- ❑ **Hormonal changes**
- ❑ **Pregnancy**
- ❑ **Menopause**
- ❑ **Uncontrolled diabetes**
- ❑ **Vaginal douches**
- ❑ **Sexually transmitted diseases**
- ❑ **Multiple partners**

Symptoms

- ❑ **Strong fishy odour**
- ❑ **Vaginal acidity modified**

This information is provided for reference purposes only and should not be considered to replace a healthcare practitioner's diagnosis.

Probiostat® Vaginal

- ❑ Probiostat® Vaginal consists of live micro-organisms that are beneficial and suppress the growth of pathogens (harmful bacteria).
- ❑ Probiostat® Vaginal aids in restoring the vaginal flora by introducing lactic acid bacteria directly into the vaginal environment.
- ❑ Probiostat® Vaginal is an adjunctive treatment for vaginal infections to restore and to maintain vaginal flora.
- ❑ Probiostat® Vaginal treatment can be used before, after or concurrently with other gynaecological therapies.
- ❑ Probiostat® Vagina's formula contains a blend of probiotics; a selection of beneficial strains of bacteria, that work in synergy to help treat bacterial vaginosis.
- ❑ The *L.casei* strain of bacteria included in Probiostat® Vaginal has the ability to reverse the infection process, specifically weakening the harmful bacteria responsible for the development of the fishy odour.
- ❑ Probiostat® Vaginal is the only vaginal probiotic that contains 5 strains of bacteria which are found in healthy vaginal flora.

	Trichomonas vaginitis	Yeast vaginitis	Bacterial vaginosis
Current Treatments	Antibiotics	Antifungals	Antibiotics
Adjunctive Treatment	Probiostat® Vaginal can help restore the vaginal flora. Probiostat® Vaginal treatment can be used before, after or concurrently with other gynaecological therapies.		

For more information, visit www.probiostat.com

References:

1. Desaulniers, Gilles, MD.; Les vaginites, Dept Obstétrique-Gynécologie, Hôpital du Sacré-Coeur de Montréal, 1998, 6 pages
2. Hilton E, Isenberg HD, Alperstein P, France K, Borenstein MT, Ingestion of yogurt containing Lactobacillus acidophilus as prophylaxis for candidal vaginitis. Ann Intern Med. 1992 Mar 1;116 (5):353-7.
3. Shalev E, Battino S, Weiner E, Colodner R, Keness Y, ingestion of yogurt containing Lactobacillus acidophilus compared with pasteurized yogurt as prophylaxis for recurrent candidal vaginitis and bacterial vaginosis. Arch Fam Med. 1996 Nov-dec; 5 (10): 593-6.



"I saw my gynaecologist on Friday and she recommended that I start using Probiostat® Vaginal right away, while waiting for my test results to determine what type of vaginal infection I have.

I have to admit that your product is interesting. Two days after starting the Probiostat® Vaginal, the odour and colour discharge were not as unpleasant as it had been. I also found it very easy to use; the applicator is small, easy to insert and there is no mess during the night or even when I get up."

*Thanks for taking good care of me,
Christine*

"I am a woman that has had recurrent infections for years. I recently saw my gynaecologist who recommended the use of Probiostat® Vaginal.

After a month I can tell you that this product is better than anything else I have tried in the past and the administration of the capsule is also easy."

Stéphanie, Montreal